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DIRECTORS NOTE

Extra special thanks to all our sponsors throughout the year that help to fund many of our events and programs and to those who advertise making our activity guide possible.

Let's kick off this Summer in style and get everyone out enjoying some recreation, whether indoors or out, whether active or leisure and have some fun right here in Killingly, a great place to live, work and play! In this Summer guide you will find many popular group fitness and enrichment programs, as well as a diverse offering of sport camps including the popular Camp Wallaby Program. Use the QR code provided on this postcard to take you directly to our online registration site via your smartphone camera or you can call us at the office 860-779-5390.

Anthony Eisley

Assistant Director Killingly Parks & Recreation

STAY TUNED AND KEEP UP TO DATE BY CHECKING IN WITH THE KPRD FACEBOOK PAGE....

Not all programs make it into this guide by the print deadlines. You can also visit our website at the link below, sneak previews of Summer time activities have been known to escape the recreation office!

USE THIS OR CODE ON YOUR SMARTPHONE TO ACCESS OUR ONLINE REGISTRATION SITE



ONLINE REGISTRATION https://killinglypr.recdesk.com/Community/Home

DON'T WAIT UNTIL THE LAST MINUTE!!!

Please make sure to register for the programs you wish to participate in early. The department reserves the right to close out a program due to limited space or to cancel a program due to low enrollment.

INDEX

Directors Note3	5
Staff & Hours3	5
Policies	ŀ
Parks2	ŀ
Fitness/Wellness Programs5,6	5
Adult Offerings6	5
Senior, Toddler through Teen Offerings 6, 8	3
Little Theatre on Broad St	3
Special Events9, 10)

STAFF & HOURS

RECREATION:

Vacant - Recreation Director Anthony Eisley - Assistant Recreation Director Joshua "Gunner" Lyons- Recreation Coordinator Valerie Ward - Admin. Aide Maureen Haves - Admin, Aide Pam Janetatos - Receptionist Tim Buchanan - Custodian

PARK:

Bruno Dube - Groundskeeper / Crew Leader Owen Dube- Groundskeeper

BOARD OF RECREATION MEMBERS:

Jennifer Heaedus- Board of Education Liaison Tammy Wakefield- Town Council Liaison Melissa Phillips - Chair Fav Beriau -Member Mike Lehoux- Member Vance Carter- Member Kevin Mahan- Member Lori Zornado- Alternate Member **VACANT-** Alternate Member

KILLINGLY COMMUNITY CENTER

Location: 185 Broad Street, Killingly, CT 06239

Telephone: 860-779-5390 860-779-2758 Fax: Website: www.killinglyct.gov

Facebook: Killingly Parks and Recreation Office Hours: Monday-Friday 8:30am - 4:30pm Facility Hours: SUMMER Starting June 13th -

September 9th

Monday, Tuesday, Wednesday and

Friday 8:30am- 4:30pm *Thursday's 8:30am - 8:00pm (subject to change due

to programing)

POLICIES

REGISTRATION POLICIES: Registration can be done by mail, at the office in person or online. Payment accepted is cash or check only unless using the online service and is expected at the time of registration.

REFUND POLICIES: Two weeks prior to the start date of a program, full refunds will be granted. Once a program has begun, refunds may be granted upon an appointment, a \$10 administrative fee will be charged on refunds that are granted. *Please note that trips have their own refund policy.

PHOTO POLICY: Any photographs taken of any participants of the Killingly Parks and Recreation Department programs or activities may be used for publication or advertising materials such as brochures, channel 20, etc. Any participant not wishing to have a photograph used must submit, in writing, at the time of registration, a request not to be photographed.

BUILDING CLOSURE: As a general rule the office and building will close at 4:30 PM on any day that the Town's school system cancels school or has an early dismissal and all programs will be cancelled. The department also reserves the right to close the building at any time due to impending weather or a closing of all town offices.

LATE FEES: Late fees may be assessed for certain programs if you have not registered by the noted date. These fees will be explained in the fee portion of the program description. This means registrations must be into the office by the date listed with payment. No registration will be taken without the late fee added on if they arrive past the noted date.

This institution is an equal opportunity provider and employer.

DISCLAIMER: The Parks and Recreation Staff has made every effort to prepare this brochure as accurately as possible. The program listings/ information may require that adjustments be made to programs, fees, schedules, etc. We apologize in advance should you find any error or for any inconvenience this may cause.







PARKS

OWEN BELL PARK: Owen Bell is located at 580 Hartford Pike. It boasts a street-style skate park, Splash Pad, the "Land of Ahs" Boundless playground, and various ball fields for soccer, softball and baseball, tennis and basketball courts, a track and trail for running/ biking, a band shell, picnic areas.

(SPLASH PAD Schedule Memorial Day weekend to Labor Day Weekend 10am-6pm)

HYGEIA RESERVIOR: Killingly residents only Swim @ own risk June 25th- Labor Day weekend 10am-7pm. Hygeia is located on Valley Road in Killingly CT

DAVIS PARK: The Town green is located on Main Street. A gazebo is the base for many special events throughout the year. At various times the park is lit up to reflect the different holiday seasons.

DANIELSON LIONS PARK: Located at Lewis Blvd Lions Park provides a quaint playground area for the younger residents with swings and a playscape.

CAT HOLLOW: Provides a more wooded area for trail walking, fishing and viewing the beautiful Whetstone Brook and falls. It is the site of the once thriving Sayles & Sabin Mill and Worsted Mill. Cat Hollow has two entrances, one on Dog Hill Road and the other on Valley Road.

CHASE RESERVOIR: Nature trails and passive recreation area located off of Pettingell and Pratt Road. Non-motorized boating and fishing is allowed.

MASON HILL PARK: A nature preserve created with the help of the Federal Government to hike and view wildlife. Parking lot is located off of Mason Hill Road.

WATER STREET PARK: Located on Water Street off of Commerce Ave., the area and boast a small outdoor stage with stadium style seating by the river.

PHAIAH DOG PARK: Located at the intersection of the river trail and Quienbaug Drive. Fenced in open space for large and small breed dogs.

RIVER TRAIL: The trail is used for walking, bicycling and jogging and runs along the Quinebaug River. Parking is available at the Little League fields, on Water Street and by the Phaiah Dog Park at the end of Quienbaug Drive.

FITNESS/WELLNESS PROGRAMS

KPRD GROUP FITNESS SESSIONS

Group fitness classes that are sure to keep you feeling great, healthy and active. You can also add an individual monthly membership to our weight and cardio room to keep you on your way to your fitness goals.

**KPRD Does their best to facilitate 1x make up class during a session if canceled due to inclement weather

YOGA IN THE PARK

A relaxing outdoor environment to unwind and recharge your spirit, mind and body

Yoga+ fresh air +sunshine= J

Location: Owen Bell Park, Dayville CT (Class will meet

near the band stage for the 1st class)

Time: 5:30pm-6:00pm Length: 5 weeks

Fee: \$35.00 Killingly Resident Per Session

\$40.00 Non-Resident Per Session

Class Day's: Monday's Instructor: Mary Silvestri

*Bring a Yoga Mat and Water Bottle

Session #1: Monday (June 20, 27, *NO CLASS JULY 4, July

1, 18, 25)

Session #2: Monday (August 1, 8, 15, 22, 29)

INDOOR SUMMER YOGA

A relaxing indoor environment that takes you through a wonderful class to exercise spirit, mind and body.

Location: Killingly Community Center

Time: 6-7pm Length: 5 weeks

Fee: \$35.00 Killingly Resident Per Session

\$40.00 Non-Resident Per Session

Class Day's: Thursday's Instructor: Mary Silvestri

*Bring a Yoga Mat and Water Bottle

Session #1: Thursday (June 23, 30, July 7, 14, 21) **Session #2:** Thursday (August 4, 11, 18, 25, September1)

OTHER FITNESS OPTIONS:

SUMMER TRAIN THE TERRAIN (8 WEEKS) NEW

Explore the trails with Train the Terrain!

This 60-minute workout includes running, hills and

exercise stations along the trails.

We will be utilizing equipment, outdoor elements and bodyweight for an intense total body workout! All speeds and fitness levels welcome! Your pace is up to you.

Please bring a mat and water bottle.

Class Day's: Wednesday's Instructor: Christina Vogt

Time: 6:00pm @Owen Bell Park meets at the track Date: June 1st- July 20th (rain date July 27th)
Fee: \$50 Killingly Resident / \$55 Non-Resident

SUMMER WORKOUT SERIES (8 WEEKS) NEW

Outdoor total body workouts at Owen Bell Park, to kick your day off right!

Increase your strength and endurance with circuits that will include cardio and a variety of equipment.

A mix of running, weights, bands and TRX will keep you moving and having fun!

Workout can be modified for all fitness levels.

Please bring a mat and water bottle.

Class Day's: Tuesday mornings
Instructor: Christina Voqt

Time: 7:00am @Owen Bell Park meets at the track **Date:** June 28th- August 16th (rain date August 23rd) **Fee:** \$50 Killingly Resident / \$55 Non-Resident

OUTDOOR HIT IT KICKBOXING - (5 week session) A unique approach to fitness focusing on effectiveness and results, basic boxing, kickboxing, and mixed martial arts moves used to burn loads of calories while toning the entire body. This season will be held outdoors rain or shine. Come prepared to sweat and enjoy natures playground

Days/Dates: Tuesday's June 21, 28 July 5, 12, 19 **Time/Location:** 6:00pm at Owen Bell Park Stage

Instructor: Jessica Houlker

Fee: \$35.00 Killingly Resident / Non-Resident \$40.00

OUTDOOR ZUMBA: NEW

It's time to dance our way fit! Zumba is a total body workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, and boosted energy. We will incorporate dance moves found in Latin and international music paired with fun and energizing tunes. Fitness in disguise. You will go home with a serious dose of awesome each time you leave class.

Days/Dates: Thursday's June 23, 30 July 7, 14, 21 **Time/Location:** 6:00pm at Owen Bell Park Stage

Instructor: Jessica Houlker

Fee: \$35.00 Killingly Resident / Non-Resident \$40.00



For Info call 860-779-5390



KPRD COMMUNITY CENTER WEIGHT & CARDIO ROOM

Come exercise at your own pace with your own workout. Weights, benches, squat machines etc. for those looking to tone and sculpt or build muscle and cardio equipment including bikes, ellipticals and treadmills. Must be 18 or 16 and accompanied by an adult. Must have a spotter if using weights other than dumbbells or universal machine. Fall/Winter hours begin September 13th Monday - Thursday 8:30am-7:45pm, Friday until 4:15pm но weekend hours

Fee: \$10/month for residents (must supply proof of residency) \$15/month for non-residents. Fees due on the first of every month KPRD does not prorate fees

*RULES AND REGULATIONS APPLY TO USE OF THIS FACILITY





ADULT OFFERINGS

TRIP - "LET'S GO SHOPPING!"

WRENTHAM OUTLETS Date: May 14, 2022

Leave: 9:00am Depart from the Killingly Community

Center

Return: 4:00pm

Fee: \$ 10.00 Killingly Resident per person / \$13.00 Non-

Resident

Please register by May 6th!

SUMMER TENNIS MATCH MAKER:

Anyone who may have an interest in playing recreational tennis around the May through August time period, please contact Killingly Parks and Recreation at 860-779-5390 or email recreation@killinglyct.gov. Provide us with your skill level and availability and we will match you up with other interested individuals, this is a free summer service we provide, court times will be reserved for you "Just for the fun of it"

SUMMMER ART MAKERS MONDAYS

WITH TUNK CITY REVIVAL KPRD Team up yet again with Rena Owner and Artist of Tunk City Revival these three special evenings. Create your own Work of art!

Spots are limited, please register early **Date/Art:** June -20th - Pour Painted

Flower Pot

Location: Tunk City Revival,

Main Street Killingly

Time: 6:00pm Monday June 20th

Fee: \$30 per person

Ages: 12+

Date/Art: July -18th- Picnic Paint Night

-small canvas watermelon painting &

watermelon slices

Location: unk City Revival,

Main Street Killingly

Time: 6:00pm Monday July18 @

Owen Bell Park Pavilion "Outside art in the park"

Fee: \$15 per person

Ages: 14+

Date/Art: Aug -15th Boho Wall

Hanging

Location: Tunk City Revival,

Main Street Killingly

Time: 6:00pm Monday August 15th

Fee: \$30 per person

Ages: 14+





SENIOR OFFERINGS

SENIOR CHAIR YOGA Join us for this fun chair class, great opportunity to any newcomers. All or any postures can be modified for the individual.

Ages: 50+

Date/Time: 9:00am or 10:30am Friday's (Must sign up for

one of the two times offered)

CALL KPRD FOR MONTHLY SESSION INFORMATION

860-779-5390

Fee: \$15 monthly cost

Location: Killingly Community Center

Instructor: Mary Silvestri

"LET'S GET MOVING" W/MARY- NEW

Get a head start on your steps while improving your strength and balance. A great fun work out for ages 50+. Please bring a water bottle with you to class.

Ages: 50+

Dates: Meeting Tuesday's call us for monthly session

information 860-779-5390!! **Time:** 9:00am for 45 minutes **Fee:** \$15 Monthly Cost **Instructor:** Mary Silvestri

MUSIC IN THE PARK A 55+ EVENT: NEW

Come join a few KPRD staff at Owen Bell Park on

Monday, June 13th from 1-3pm

Bring a chair and some friends and enjoy the music of

"Frog Rock Trio" by the pond.

Fee: \$2.00 (*optional ice cream available for purchase at

Ra Ra's Ice Cream Stand)

Please call Killingly Parks and Recreation if you have any

questions or to purchase your tickets in advance

860-779-5390

SENIOR CINEMA

EVERY WEDNESDAY AT 1:30PM

FREE TO ALL SENIORS - An opportunity to come and enjoy movies shown in the Community Center Theatre. Coffee/Tea and snacks will be available. Suggestions welcome on viewing options please call us for schedule of movies.



. Please stay tuned to our KPRD Facebook page for notification on camp, or as always, you can call and email us for updates.



Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
June 27-July 1	July 5-8 No camp July 4	July 11-15	July 18-22	J <mark>u</mark> ly 25-29	Aug 1-Aug 5

Early Bird & Post Early Bird registration Fees is for all 6 sessions:

EARLY BIRD RATES May 9th-23rd: \$650 per child (no multi-child discounts) May 24th-June 10th: \$700 per child, \$650 per child of the same family after the first.

-KILLINGY RESIDENTS ONLY. INDIVIDUAL SESSION WEEKS IF SPACE REMAINS AVAILABLE AFTER 6/10 rate for individual sessions will be \$300

sessions must be paid in-full at time of registration for these rates to apply. Field trips and a t-shirt are included in the fees!

Camp Hours: 9:00a-4:00p (drop off begins at 8:00a and pick-up by 5:00p)

Limited CIT positions for students entering grades 9 & 10 available. Please inquire.



For more information or to register, please

Call 860-779-5390

or visits Killingly Community Center ~ 185 Broad Street, Danielson, CT 06239



KILLINGLY FOOTBALL CAMP: GRADES 3-8

The Killingly High School football camp will focus on fundamentals and skills in the game of football. Emphasis will be placed on safe tackling techniques, blocking, positional techniques and skills, and fun activities for all levels. The camp will be led by Killingly Head Coach Chad Neal, along with his assistants and players. The team in the most recent years has been ranked in the top tier of the state rankings in their division with both conference and state titles to show.

July 18 – 21 (Monday - Thursday)

5:30 - 7:30 P.M.

Grades 3 - 8

Killingly High School Game Field

Fee: \$75 includes (includes camp t-shirt)

Participants should have cleats, sneakers and a mouth guard.









- Sports, field trips, theme days, arts & crafts and more
- A well trained and caring staff
- Making best friends
- Fun & Adventures
 - ~ Camp Location Please call KPRD for UPDATES.
 - ~ Limited to 120 campers! Please register early as spots fill quickly.



KILLINGLY GOLF CAMP:

Dates: Monday July 18th—Friday July 22nd

Times: 5:30-7:00 pm

Cost: \$100

Location: CT National Golf Course

Ages: students entering grades 4-9

Requirements: must have putter and at least 1 iron, full set of clubs

Is encouraged.

Registration Deadline! June 13th or until space is filled

Instructor: Kevin Marcoux, KHS Head Golf Coach





TODDLER THROUGH TEEN OFFERINGS

BIG RED BASKETBALL CLINIC

For any and all Boys and Girls of all skill levels entering

Grades 3-8

Cost: \$100/ Camper

Site: Westfield Ave Gymnasium Date: June 27 - July 1st Time: 5:00pm- 7:30pm daily

Note: All players should bring water bottles

Killingly High School Girls Basketball Coach Gina Derosier Lindberg and long time former KHS Boys Coach Scott Derosier and current girls assistant coach will be directing this year's Camp. Campers will get extensive basketball skill training while running through daily individual and group drills. Form, Footwork, Fundamentals and Fun will all be emphasized. Participants will be grouped according to Age, Size and skill level. Daily schedule includes individual, team and group skill work and drills, contests, games and possible guest lectures.

KILLINGLY SCHOOL OF MUSIC SUMMER GROUP

GUITAR OR VIOLIN KPRD teamed up again with the Killingly School of Music to bring you this 5 week Summer session of their popular small group guitar class or try the Violin offering!

GROUP GUITAR Children ages 5-15 yr are invited to this beginner group guitar workshop. Students will learn chord strumming, reading the musical staff & guitar riffs. **Time/Dates:** Tuesday's 11:30am - 12:30pm (June21, 28,

July 5, 12, 19)

Location: Killingly School of Music

Fee: \$60 per student with optional \$10 Instrument rental (Instrument rental payments are done at the school of music not KPRD) This program has a minimum number of students to run (limited to 5 students)

students to run (limited to 5 stu

Please register early!

GROUP VIOLIN Children ages 5-15 yr are invited to this beginner group violin workshop. Students will learn chord strumming, reading the musical staff, fiddle tunes and playing tunes with the group.

Time/Dates: Tuesday's 10:15am-11:15am (June21, 28, July 5, 12, 10)

12, 19)

Location: Killingly School of Music

Fee: \$60 per student with optional \$10 Instrument rental (Instrument rental payments are done at the school of music not KPRD) This program has a minimum number of

students to run (limited to 5 students)

Please register early!

TODDLER TUESDAY CRAFTS

©DAVIS PARK

\$5 REGISTRATION WITH KILLINGLY PARKS & RECREATION!

11:30 -12:30

WITH RENA FROM TUNK CITY REVIVAL



JUNE 21ST -JELLY FISH JULY 19TH- ICE CREAM AUGUST 16TH -DINOSAURS



"JAMES AND THE GIANT PEACH" AND "FANTASTIC MR. FOX" YOUTH THEATER PRODUCTION

Join us for enchanting, delightfully offbeat adaptations of two classic Roald Dahl adventures.

James and the Giant Peach - Roald Dahl's fantastical tale of a boy, his insect friends and their amazing journey across the ocean on a giant piece of fruit.

Fantastic Mr Fox - Roald Dahl tale concerning the extraordinary adventures of three nasty farmers, two curious creatures, a family of foxes, and our hero—a most fantastic fellow!

SHOW DATES

Friday, June 24th• 7pm show time Saturday, June 25th • 7pm show time Sunday, June 26 • 2pm show time

TICKETS:

\$15 Adult / Senior & Children under 12 \$12



RED WHITE & BLUE CELEBRATION

Friday, July 1st (firework rain date July 8th)

Place: Owen Bell park in Killingly 5pm-9:15pm

Fireworks will go off approximately 9:15pm (weather permitting) FOOD VENDOR COURT (Upper parking lot of Owen Bell park starting at 5pm)

MUSIC AND FIREWORKS ARE FREE!!!

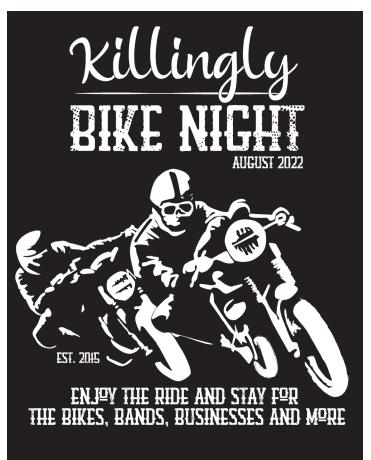
KPRD invites everyone to this special night made possible by our 2022 generous sponsors. Music and fireworks is a great way to start the summer and celebrate with friends and family at Owen Bell Park.

We'll be rocking at Owen Bell Park this year with RED LIGHT! The Band will be on stage to provide music from 7:00 pm until the fireworks display at approximately 9:15am, You will not want to miss a single moment of this performance. A tremendous community thank you in advance to Jeff Grocki of J&S Sound and John Normington for taking the music entertainment production levels to a new high. If you saw last years show you know what a treat we are all in for!









THURSDAY, AUGUST 18TH

RAIN DATE OF WEDNESDAY, AUGUST 24TH 5:00-8:00PM

BIKES MAY BEGIN ARRIVING AT 4:15PM

\$5/bike to park and \$10/enter into the show bike section with a chance to win one of six awards.

Special Thanks to our Killingly Bike Night 2022 Title Sponsors







Now in it's Eighth year. Bike night has fast become not only a regional but statewide favorite for bike enthusiasts. Featuring vendor, restaurants, a kids area, food, live music venues and of course over a thousand motorcycles. This family friendly event with a block party atmosphere provides donations to local community groups of TEEG and The Killingly-Brooklyn Rotary as well as the Recreation department.



Bring the family down for music in the park. Concerts are FREE and we want to thank J&S Sound, Killingly Business Association, Rogers Corporation, FM GLOBAL, 7 Hills Property Management, CR Premier Properties, New York Pizza Co. and Archambault Insurance for their sponsorship.

JULY 7th "AMERICAN HONEY" Country / Southern Rock

** PLEASE NOTE IF KILLINGLY FIREWORKS MOVE TO RAIN DATE THIS CONCERT

WILL NOT BE TAKING PLACE! Stay tuned to KPRD facebook page or call 860-779-5390 for update.

JULY 14th "BROKEN ROADS" Classic/Southern Rock*Special Killingly Business Association night

JULY 21st "RUSTY SPIKE" Acoustic & Blues JULY 28th LT EXPRESS" Classic Rock & More

AUGUST 4th "FROG ROCK TRIO" Hits from the 50's - 80's



SUMMER PHOTO **CHALLENGE**

EMAIL US your best photo from one of our town parks, programs or special events and we will select a winning photo each month to be placed as the cover page on the KPRD face book page.

RULES: One photo entry per month with a brief description of your entry. All photos will be e-mailed to aeisley@killinglyct.gov please make the mail subject title KPRD Photo Challenge

Stay Tuned and Keep Up To Date by Checking in with The KPRD Facebook Page....



Not all programs make it into this guide by the print deadlines. You can also visit our website at the link below, sneak previews of FALL time activities have been known to escape the recreation office!

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offices. Results vary. All tax situations are different. Fees apply if you have us file an amended return. The IRS allows taxpayers to amend returns from the previous three tax years to claim additional refunds to which they are entitled. Applies to individual tax returns only.

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Killingly Youth Substance Prevention Coalition

Killingly Youth Substance Prevention Coalition works to decrease youth substance use and increase awareness around the effects of substance use. The coalition is made up of multiple Killingly community sectors and meets the third Thursday of each month via Zoom.

Come meet us and learn more about our coalition at these upcoming events:

Saturday April 30, 2022

Prescription Drug Take Back Day at Troop D.

Saturday, May 14, 2022

Killingly Springfest at Davis Park

Call or email Kelsey Hust at khust@usmhs.org or 860-774-2020 for more information. United Services, Inc. Outpatient Mental Health for Adults, Children and Families Help is Available 24/7 at 860-774-2020

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